



Rehabilitation exercise bike h731_87

Rehabilitation exercise bike, ideal for daily home exercises, with training computer, magnetic braking system, and seat adjustment in height and depth. Dimensions: L 86 x D 50 x H 136 cm.

The **H731_87 exercise bike for physiotherapy clinics** is a perfect solution for those who want to keep fit or perform rehabilitation exercises directly at home. This model with **basic functionality** is designed to ensure safe and controlled daily training, thanks to the **magnetic braking system** and pulse detection via hand sensors.

The **training computer with LCD display** provides real-time data, displaying six essential parameters: **distance traveled, time, calories burned, speed, pulse, and odometer**. The **incline-adjustable handlebar** and **seat adjustable in height and depth** ensure a correct and comfortable posture during exercise.

The **pedals with foot straps** guarantee stability, while the **transport wheels** make the exercise bike easy to move. The **8 kg flywheel** and the **1:8 gear ratio** offer smooth and silent pedaling, ideal for low or medium-intensity workouts.

Certified according to the **DIN EN 957 - 5 HC** standard, this exercise bike is designed to guarantee quality and safety during use.

Improve your fitness or start your rehabilitation journey with the **H731_87 exercise bike!** Buy now or request more information.

Technical specifications:

- **Braking system:** Magnetic
- **Flywheel:** 8 kg
- **Gear ratio:** 1:8 (manual)
- **Training computer:** Display distance, time, calories, pulse, speed, odometer
- **Display:** LCD
- **Pulse measurement:** Hand pulse (hand sensors)
- **Seat adjustment:** Height and depth
- **Handlebar:** Incline adjustable
- **Pedals:** With foot straps
- **Transport wheels:** Yes
- **Power supply:** 2 AA batteries (1.5 V)
- **Certification:** DIN EN 957 - 5 HC
- **Dimensions:** L 86 x D 50 x H 136 cm
- **Weight:** 25 kg
- **Maximum weight capacity:** 110 kg

User benefits:

- **Perfect for rehabilitation:** and maintaining physical fitness.
- **Personalized training:** thanks to the monitoring of 6 essential parameters.
- **Smooth and silent pedaling:** with magnetic braking system.
- **Adjustable handlebar and seat:** for correct and comfortable posture.
- **Easy to move:** thanks to transport wheels.

FAQ:

1. How many parameters does the training computer monitor?

The computer monitors 6 parameters: distance, time, calories, pulse, speed, and odometer.

2. Is it suitable for post-traumatic rehabilitation?

Yes, the exercise bike is recommended for low-intensity exercises and home rehabilitation.

3. How are the handlebar and seat adjusted?

The handlebar is incline-adjustable, while the seat can be adjusted in both height and depth.

4. Is it quiet during use?

Yes, thanks to the magnetic braking system and the 8 kg flywheel, it guarantees silent pedaling.

5. What is the maximum supported weight?

The maximum weight capacity is 110 kg.

Mini buying guide:

The **H731_87 exercise bike** represents an excellent choice for those desiring controlled and safe physical activity directly at home, particularly indicated for **post-traumatic rehabilitation**, for maintaining fitness, or for a **low-intensity workout**. Thanks to its **integrated computer**, it allows you to monitor progress in real time, providing fundamental parameters such as distance traveled, time, calories consumed, and pulse.

The **handlebar and seat adjustment** ensures a correct posture and reduces the risk of muscle pain, making it ideal for people of all heights and physical needs. The **magnetic braking system**, in addition to guaranteeing smooth and silent pedaling, requires little maintenance, contributing to extending the device's lifespan.

The **ease of transport**, thanks to integrated wheels, allows you to move the bike without particular effort, adapting it to different home spaces. Furthermore, the low weight and battery power make it a practical and versatile device. For more intensive use, you can take advantage of the various manual load adjustment options, gradually increasing resistance and improving your physical performance over time.

In conclusion, if you are looking for a **reliable, functional, and easy-to-use exercise bike**, the **H731_87** is a perfect solution for your fitness or rehabilitation journey.

Rehabilitation exercise bike, H731_87, magnetic exercise bike, home exercise, exercise bike with computer, rehabilitation training.

**Images for illustrative purposes only.*

INFORMATION



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